



2022-2023 BOYS BASKETBALL VALLEY DIVISION

Alhambra, Benicia, Berean Christian, Concord, Mt. Diablo, Ygnacio Valley

First Day of Practice: October 31, 2022

Max Contests: 26 plus 2 scrimmages

Game Times: Freshmen 4:00, JV 5:30, Varsity 7:00

APPROVED April 20, 2022; Year 2 of 2

Monday, January 9

Mt. Diablo @ Concord
Ygnacio Valley @ Alhambra
Berean Christian @ Benicia

Wednesday, January 11

Concord @ Ygnacio Valley
Benicia @ Mt. Diablo
Alhambra @ Berean Christian

Friday, January 13

Mt. Diablo @ Berean Christian
Concord @ Alhambra
Ygnacio Valley @ Benicia

Wednesday, January 18

Berean Christian @ Ygnacio Valley
Benicia @ Concord
Alhambra @ Mt. Diablo

Friday, January 20

Benicia @ Alhambra
Concord @ Berean Christian
Ygnacio Valley @ Mt. Diablo

Saturday, January 28

Concord @ Mt. Diablo
Alhambra @ Ygnacio Valley
Benicia @ Berean Christian

Tuesday, January 31

Ygnacio Valley @ Concord
Mt. Diablo @ Benicia
Berean Christian @ Alhambra

Thursday, February 2

Berean Christian @ Mt. Diablo
Alhambra @ Concord
Benicia @ Ygnacio Valley

Tuesday, February 7

Ygnacio Valley @ Berean Christian
Concord @ Benicia
Mt. Diablo @ Alhambra

Thursday, February 9

Alhambra @ Benicia
Berean Christian @ Concord
Mt. Diablo @ Ygnacio Valley

November 22

February 11

February 12

February 16,22&24 or 25

February 14,17,21&24 or 25

February 15,18,22&24 or 25

February 28, March 1,2,4,7

March 10, 11

Foundation Games, optional

Final Date of Competition & Playoff Applications due 10:00 pm

At Large & Seeding Meetings

NCS Open Division

NCS D1,3,5

NCS D2,4,6

CIF Nor-Cal Championships

CIF State Championships