



# 2025 SWIMMING

Acalanes, Alhambra, Benicia, Berean Christian, Campolindo, Clayton Valley Charter, College Park, Concord, Las Lomas, Miramonte, Mt. Diablo, Northgate, Ygnacio Valley

First Day of Practice: February 10, 2025

Max Contests: 14 plus 2 scrimmages

Game Times: 4:00 pm

**APPROVED MAY 26, 2024;** Year 1 of 2

**\*\*SPRING BREAK**

**AUSD MARCH 31-APRIL 4**

**MDUSD/MUSD/BC APRIL 7-11**

**BUSD APRIL 14-18**

Week of	Away	Home
Monday, March 10	Campolindo	Clayton Valley
	Las Lomas	Concord / MD / Berean
	Miramonte	Alhambra
	Northgate	Acalanes
Monday, March 17	Las Lomas	Clayton Valley
	Campolindo	Northgate
	Acalanes	Miramonte
	College Park	Alhambra
	Con/MD	Berean / Benicia
Monday, March 24	Northgate	Las Lomas
	Miramonte	Clayton Valley
	Berean Christian	MD
	Alhambra	Concord
	Acalanes	Benicia
	Campolindo	College Park
Monday, March 31	Alhambra	Clayton Valley
	College Park	Benicia
	Berean / Concord / MD	Northgate
Monday, April 7	Las Lomas	Miramonte
	Acalanes	Campolindo
Monday, April 14	Acalanes	Clayton Valley
	Miramonte	Northgate
	Campolindo	Las Lomas
	College Park	Concord / MD / Berean/Alhambra

Monday, April 21	Miramonte	Campolindo
	Las Lomas	Acalanes
	College Park	Northgate
	Clayton Valley	Benicia
	MD / Berean	Alhambra / Concord

May 1	DAL Trials at Campolindo HS TBD
May 3	DAL JV Invitational / DAL Finals at Campolindo HS TBA
May 4	NCS Entries Due 1:15 pm
May 5	NCS Seeding Meeting
May 8	NCS Diving Championships
May 9	NCS Swimming Trials
May 10	NCS Swimming Championships
May 15-17	CIF Championships