

# 2021-2022 TRACK & FIELD **VALLEY DIVISION**

Alhambra, Benicia, Berean Christian, College Park, Concord, Mt. Diablo, Ygnacio Valley

First Day of Practice: February 7, 2022 Max Contests: 14 plus 2 scrimmages

Game Times: 3:30 pm

Approved: May 6, 2021; REVISED OCT 24, 2021 Year 1 of 2

# Wednesday, March 9

Concord/Mt. Diablo @ Benicia Ygnacio Valley/Berean Christian @ College Park Alhambra - Bye

# Wednesday, March 16

Alhambra/Mt. Diablo @ Concord (Thursday, March 17) Benicia @ College Park Ygnacio Valley/Berean Christian - Bye

#### Wednesday, March 23

College Park/Concord @ Mt. Diablo (Thursday, March 24) Alhambra @ Ygnacio Valley/Berean Christian Benicia – Bye

### Wednesday, March 30

Concord/Mt. Diablo @ Ygnacio Valley/Berean Christian (Thursday, March 31) Benicia @ Alhambra College Park - Bye

### Wednesday, April 20

April 30

Ygnacio Valley/Berean Christian @ Benicia College Park @ Alhambra Concord/Mt. Diablo - Bye

#### April 23 **DAL Frosh/Soph Meet DAL Trials**

May 7 **DAL Finals Deadline to Determine Qualifiers** May 7 NCS Tri-Valley Championships May 14 **NCS Meet of Champions** May 20, 21 May 27, 28 CIF State Championships