



2023 TRACK & FIELD FOOTHILL DIVISION

Acalanes, Campolindo, Clayton Valley, Las Lomas, Miramonte, Northgate

First Day of Practice: February 6, 2023

Max Contests: 14 plus 2 scrimmages

Game Times: 3:30 pm

APPROVED MAY 17, 2022; Year 2 of 2

Wednesday, March 8

Northgate @ Las Lomas
Campolindo @ Miramonte
Acalanes @ Clayton Valley

Wednesday, March 15

Northgate @ Campolindo
Las Lomas @ Acalanes
Miramonte @ Clayton Valley

Wednesday, March 22

Northgate @ Acalanes
Miramonte @ Las Lomas
Clayton Valley @ Campolindo

Wednesday, March 29

Clayton Valley @ Northgate
Campolindo @ Las Lomas
Acalanes @ Miramonte

Wednesday, April 19

Miramonte @ Northgate
Las Lomas @ Clayton Valley
Campolindo @ Acalanes

April 29 DAL Trials TBA
May 6 DAL Finals TBA
May 6 Deadline to Determine Qualifiers
May 13 NCS Tri-Valley Championships
May 19, 20 NCS Meet of Champions
May 26, 27 CIF State Championships