

ALHAMBRA HIGH SCHOOL

Emergency Action Plan- **Gymnasium**

Chain of Command:

- Briana Barnes- ATC (925-895-7875)
- Head Coach- Coach during that season
- Anthony Ertola- Athletic Director (925-639-0499)
- Sports Medicine Students

Emergency Communications

To activate EMS, dial 911. When using fixed line, dial 9-911.

Nearest fixed line: Equipment Manager Office inside Gymnasium Building

Information to provide EMS:

- Type of emergency situation
- Type of suspected injury/medical condition
- The current condition of the victim
- Current assistance being given
- The exact location of emergency

Do not terminate the emergency phone call until the operator has done so first.

Direction to Gym: 150 E St, Martinez, CA 94553

From Alhambra Ave

- Turn west on F St.
- Take the FIRST right AFTER the pool
- Enter at South-West doors

Roles of First Responders: *The most trained person should designate 1 person for each role!*

1. Immediate care of the injured or ill student-athlete
2. Activation of emergency medical system (EMS)
3. 911 or 9-911 call
 - provide name,
 - address,
 - telephone number;
 - number of individuals injured;
 - condition of injured; first aid treatment;
 - specific directions; other information as requested
- b. main office at 925-335-5810
4. Emergency medical equipment retrieval located in the gym

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5. Direction for EMS to the scene

- a. unlock & remove stanchions
- b. unlock & open gate

6. Designate individuals to “flag down” EMS and direct them to the scene

7. Crowd control: limit the scene to first aid providers and

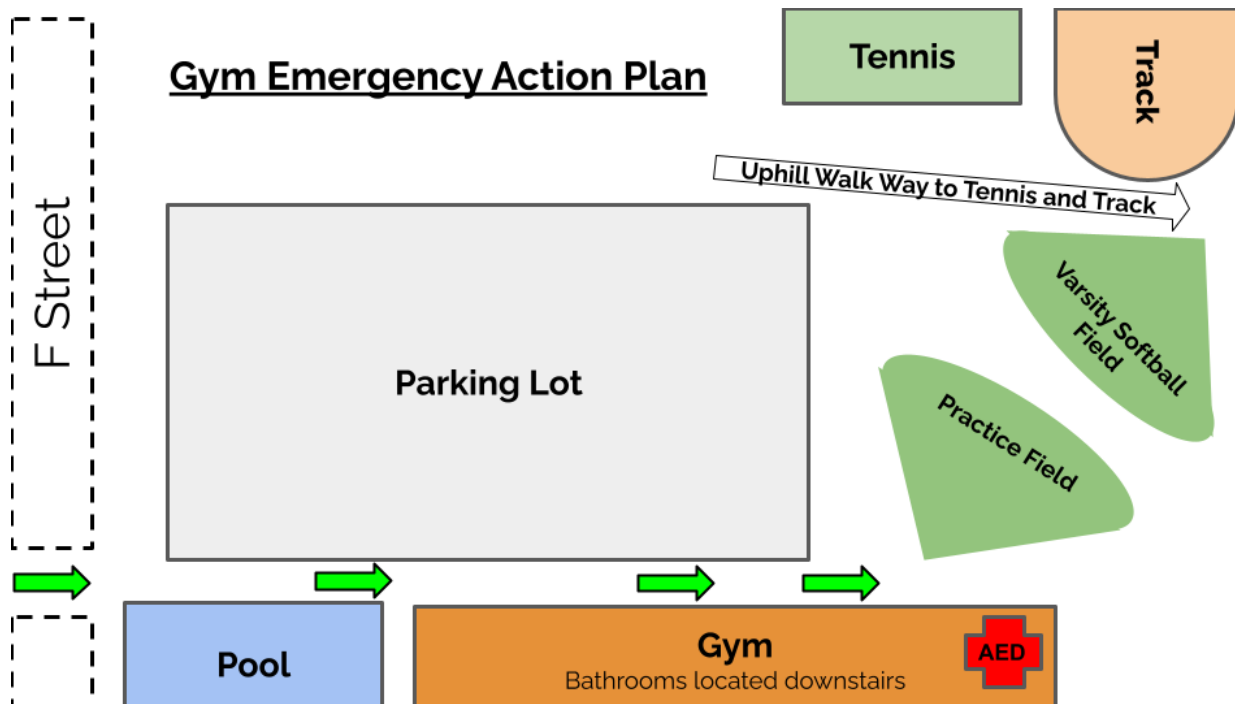
Emergency Equipment:

- AED-- hanging up on the wall by the north-west door
- Spine Board-- Athletic Trainers room
- Medical Kit (Yellow Kit)-- Storage Room on the right outside of the North-East doors
- Keys-- held by the ATC and the Athletic Director, as well as members of security
- Splint Kit-- Sports Med Closet
- Trauma Kit-- Athletic Trainer
- Crutches-- Athletic Trainers room

Post Event Notification:

Anthony Ertola - Athletic Director

Briana Barnes - Athletic Trainer



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In the Event of an Emergency

- Notify Athletic Trainer
925-895-7875 or A.D.
925-639-0499
- Make sure Athlete is **responsive**
If they are NOT responsive
 - Call 911
 - Send someone to get the **AED located on wall.**
 - Send someone to meet EMS
 - **Do NOT** leave or move the athlete

Directions for EMS

To **Alhambra High School**

- Turn **west** on **F street**
- Turn **right** into the parking lot after the swimming pool
- Pull up next to gym for main entrance at south-west doors

SPORTS MEDICINE